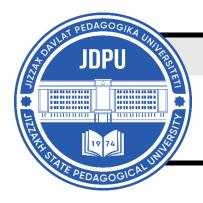
## MENTAL ENLIGHTENMENT SCIENTIFIC – METHODOLOGICAL JOURNAL



# MENTAL ENLIGHTENMENT SCIENTIFIC – METHODOLOGICAL JOURNAL



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### THE IMPORTANCE OF NON-GOVERNMENT NON-COMMERCIAL ORGANIZATIONS IN THE DEVELOPMENT

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#### ABOUT ARTICLE

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**Abstract:** In the article, the participation of non-governmental non-profit organizations in the processes of physical education and sports development is scientifically analyzed. The importance of non-governmental non-profit organizations representing the interests of various social groups in Uzbekistan in increasing the development, prestige and educational value of sports is highlighted.

#### INTRODUCTION

Sport as a means of education is a social phenomenon that does not leave anyone indifferent, with its unique qualities in the development of a modern person. Sport is the manifestation of the highest limit of possibilities, the honest and pure pursuit of victory in the competition. Everyone tries to be the winner, to show who they are, to prove their superiority over their opponents. This is an aspect of human nature. In the address of the President of the Republic of Uzbekistan Sh.M. Mirziyoev to the Supreme Assembly on December 21, 2022, they noted that "this year, 381 of our athletes won prizes in world and Asian competitions, and 43 of our talented and knowledgeable

young people won prizes in prestigious international science Olympiads and contests, which certainly pleases us all." [1] Wide promotion of a healthy lifestyle through the systematic organization of mass sports competitions among the population, bringing their involvement in mass sports to a new level, and non-state in ensuring the implementation of the tasks aimed at the development of sports set in the 67th goal of the development strategy of New Uzbekistan for 2022-2026 taking into account the activities of non-profit organizations, favorable conditions are being created for their effective activity. As a result, their number is growing year by year, and their fields of activity are also expanding. In 1991, there were about 100 non-governmental non-profit organizations in the republic, in 2014 - 7,866, in 2015 - 8,219, in 2016 - 8,447,

in 2017 - 9,235, in 2018 - 9,860, by the beginning of 2022 - 10,502. organized. These

indicators indicate that the number of non-governmental organizations is growing

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#### MATERIALS AND METHODS

significantly due to the opportunities provided to them. [2]

In recent years, support for non-governmental non-profit organizations, strengthening of social partnership between state bodies and them, as well as work on improving the legal framework regulating this area, in the countries that were formed on its territory after the disintegration of the former union, such as Russia, Belarus, Kazakhstan, Kyrgyzstan [3,4,5,6] The Youth Union of Uzbekistan, the Federation of Trade Unions of Uzbekistan, the Federation of Societies for the Protection of Consumers' Rights of Uzbekistan, the Business Women Association of Uzbekistan "Tadbirkor Ayyol", all sports federations are non-governmental, non-commercial. organizations. The activities of non-governmental non-profit organizations are regulated by the Law of the Republic of Uzbekistan "On Non-governmental non-profit organizations". Laws "On Public Associations in the Republic of Uzbekistan", "On Guarantees of Activities of Non-Governmental Organizations", "On Public Funds", "On Political Parties", "On Guarantees of Trade Unions, Their Rights and Activities" In Article 2 of the Law "On Non-Governmental Non-Profit Organizations", it is said that a non-governmental non-profit organization is a self-governing organization established by individuals and legal entities on a voluntary basis, which does not make

profit-making the main goal of its activity and does not distribute the received income among its members. defined. The Law of the Republic of Uzbekistan "On Physical Education and Sports", the Cabinet of Ministers of the Republic of Uzbekistan "On Measures for the Further Development of Physical Education and Sports in Uzbekistan" and other decisions provide for the protection of the work of the working population and working-servant youth and their social culture. special attention is paid to the issues of development. This, in turn, requires the recognition that the means of physical education, especially the national games of the people, are one of the factors of improving the work and living activities of citizens. Improving the work process and increasing its efficiency depends on the work ability and physical health of every worker, laborer and intellectual engaged in intellectual work.

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Article 13 of the Law "On Physical Education and Sports" [7] adopted in 2015: "On the participation of citizens' self-management bodies, enterprises, institutions and organizations in the development of physical education and sports, and citizens' selfmanagement bodies, enterprises, institutions and organizations are determined to participate in the implementation of state programs and other programs in the field of physical education and sports together with physical education and sports public associations, trade unions, youth organizations and other non-governmental non-profit organizations. The National Olympic Committee of the Republic of Uzbekistan, physical education and sports societies, sports federations, associations, foundations, physical education rehabilitation, sports clubs and other public associations whose main goals are the development of physical education and sports, as well as "Vatanparvar", which supports the defense of the Republic of Uzbekistan organization and sports-technical clubs developing technical and practical types of sports, physical education-sports public associations. Public associations of physical education and sports, in accordance with their regulations, organize physical education health and sports activities among citizens and prepare sports reserves. Great attention is being paid to increasing the influence and influence of non-governmental, non-profit and public organizations, which represent the interests of various social groups of the population and are the main institutions of the civil society being formed in the country. First, in 1991, the Federation of Trade Unions in the Republic of Uzbekistan was accepted as a physical training sports society. It is stated in the Charter of the sports society that it is independently self-supporting. These sports public organizations have

a board and departments of the central council, and union councils of physical education and sports societies have been formed for their regions and all districts. Associations of sports teams and organizations directly related to them are working independently, improving the training of athletes, improving their skills, purchasing sports goods and equipment, expanding and repairing sports facilities. Sports competitions under the motto "Healthy Family" were organized in the republic in order to further develop and widely promote the type of national games, to increase the level of logical thinking of young people, to ensure harmony in families and to establish mutual cultural and sports relations between them. On July 4, 2022, on the initiative of the Federation of Trade Unions of Uzbekistan, in all regions of the country, "We are a family of athletes!" holding family sports competitions under the slogan is a vivid example of this. The participants competed in 7 types of sports in this competition, which was organized in order to attract workers and their family members to public sports, thereby directing them to useful and meaningful activities, improving their health, and teaching them to act as a team.[8]

According to the State Statistics Committee, as of January 1, 2021, there are a total of 8,871,412 families in the Republic of Uzbekistan [9]. provided. This indicates that the interest in these sports among families is increasing year by year. Today, the achievements of hundreds of our talented young people in the field of sports in the World Cup and Asian Cup competitions are the young people who are brought up in sports-loving families and actively participate in a number of sports competitions held in their neighborhoods.

At this point, the services of neighborhood activists and sports coaches deserve to be recognized in order to establish a healthy lifestyle in families, to raise young people mentally and physically, to spend their free time meaningfully, and to practice sports. For several years, further development of Uzbek wrestling in cooperation with the "Mahalla" Charitable Foundation of Uzbekistan, the Wrestling Federation of Uzbekistan, the Ministry of Youth and Sports Affairs, the Federation of Internal Affairs, Health, Trade Unions, the National Broadcasting Company of Uzbekistan, and the Uzbeknavo pop association, In order to raise the young generation to be physically

strong, strong-willed, mature people in all aspects, to spend their free time meaningfully, to identify and encourage skilled wrestlers among young people in the neighborhoods, a national competition is being held. In the development of physical education and sports in the republic, the contribution of sports societies, their branches, especially physical education teams and sports clubs within production enterprises and higher educational institutions is increasing. Giving a wide place to public organizations in the development of physical education and sports has good results.

All sports organizations have statutes, which fully reflect their rights. During the period of independence, fund associations were established to help in increasing the social standard of living of the population, restoring national values, enriching the spiritual and educational culture with the advanced culture of the peoples of the world, implementing state programs and other areas. According to their activities, they are called "Navroz", "Mahalla", "Spirituality and Enlightenment", "For a healthy generation", "Ekosan", Physical education and sports development fund and work towards their goals. It is known that in 1985-1990, the society and socio-cultural conditions and the processes of its management began to undergo some renewal processes. "Navroz" charity fund is one of the first organizations that emerged with the honor of independence. After the restoration of the Navroz holiday in the conditions of Uzbekistan, and the foundation for the development of national values, spirituality and culture, all districts, regions and the republic have dedicated the annual spring holiday to the Navroz holiday, football, tug-of-war, wrestling, athletics and national national games sports competitions began to be organized. The Foundation has been carrying out financial assistance activities for the organization of Navroz, the development of a number of sports and national games, such as wrestling, football, etc.

"Mahalla" Charitable Foundation is an organization that unites communities of neighborhood elders. It spends the collected funds on financial incentives for low-income families, disabled people, and veterans, as well as on cultural and public sports events held in the neighborhoods. It's no secret that the "Mahalla" Charitable Foundation of Uzbekistan attaches great importance to the development of children's sports in the neighborhoods, the formation of a healthy lifestyle by involving women

in sports, and traditionally, every year, in order to meaningfully organize free time for young people, "Mahallamiz pahlavanlari", "Otam, "Mom and I - a family of athletes", chess and checkers and other sports competitions are being organized.

#### **RESULTS AND DISCUSSIONS**

Uzbek wrestling, a unique masterpiece of our nation's spirituality, a symbol of honor, pride, patriotism, tolerance, fortitude and loyalty, is also developing more and more. In addition, holding various championships and competitions in the sport of wrestling, which embodies the qualities of honesty, humanity and generosity and our ancient values among young people, is of great importance in identifying young wrestlers-wrestlers. Of course, not limited to the achieved achievements, in the future it is required to increase the effectiveness and efficiency of activities on the development of sports for children and women. For this, it is appropriate to pay special attention to the following priority directions. In particular:

- further improvement of the system of providing methodical and practical support to citizens' self-governing bodies to popularize national sports games, to effectively organize their activities in this regard;
- to further strengthen the development of children's sports in the neighborhoods;
- consistent continuation of construction of children's playgrounds in the neighborhood and repair of existing ones;
- establishing the activities of the commission on minors, youth and sports issues under the citizens' assemblies based on the requirements of the new version of the law;
- to further increase the responsibility of neighborhood activists, especially parents, and the general public in getting the young generation interested in sports, involving them in a healthy lifestyle;
- talking separately with families who are not sufficiently involved in raising children and taking measures to involve their children in sports by discussing them at citizens' meetings;
- Attracting young people, especially young people with difficult education and preventive care, to sports tournaments such as "Mahallamiz pahlavanlari", "Futbolizim klajajagi";

- in the implementation of tasks such as incorporating physical education and sports into the daily lifestyle of families, first of all, compliance with the requirements of the law, systematic organization of spiritual and educational work together with partner organizations will bear fruit.

Here, in order to develop Paralympic sports in the republic, to ensure that young people with disabilities are active in life through sports, the Ministry of Youth and Sports Affairs of the Republic of Uzbekistan, the Ministry of Internal Affairs of the Republic of Uzbekistan, the Ministry of Health of the Republic of Uzbekistan, the State Committee for Communication, Information and Telecommunication Technologies of the Republic of Uzbekistan, The Paralympic Games were organized among the students of the Republican special boarding school for children with disabilities in cooperation with the National Broadcasting Company and the National Paralympic Association of Uzbekistan.[10]

"Children's Charity Fund" and "Nuroni" Charitable Funds in the Republic also provide great practical help in organizing public sports events and national games by helping in cultural events held in their fields. Public activists are a special example in organizing their work. Public activists are physical education and sub-organizations of the sports movement include district, city sports committees, societies, clubs, elementary physical education teams, clubs, and activists who help in the public way. Community activists mean:

- 1. Public coach.
- 2. Public guide (methodist-instructor).
- 3. Referees for sports.
- 4. Activists involved in organizing activities are understood.

The Fund for the Development of Children's Sports of Uzbekistan was an international non-governmental public organization open to the participation of foreign organizations, associations, companies and firms, legal entities and individuals. On July 5, 2018, the Physical Education and Sports Development Fund was established on the basis of the Children's Sports Development Fund. The difference between this fund and the children's sports development fund was that one of the main tasks of the

children's sports development fund was to create conditions for children from 6 to 17 years of age to play sports. The Physical Education and Sports Development Fund undertakes tasks such as organizing activities for the development of physical education and sports among the population from preschool age to the elderly, as well as the construction, reconstruction and capital repair of sports and wellness centers and sports facilities. All this is financed by guaranteeing the repayment of loans issued by commercial banks. To attract the funds of business entities, non-governmental and other organizations, investors, sponsors and donors, including foreign sponsors and donors, to fulfill the tasks assigned to the new organization; from the children's sports development fund with the tasks of helping to organize the visits of coaches, scientists, teachers, doctors, physiologists, dieticians and other specialists in the field of sports to foreign countries in order to establish international cooperation in the development of physical education and sports, improving the educational and training process of training athletes is different.

#### Foundation:

- developing a state policy on the development of children's sports, instilling love for sports in children, engaging in sports in the minds of the growing young generation, following a healthy lifestyle, striving for spiritual and physical maturity, protecting them from negative influences and freeing them from harmful habits, instilling in children love for their homeland -implementation of a set of measures to educate in the spirit of love and pride for one's country [11];
- First of all, to form the material base of children's physical education and sports in rural areas, to establish a network of modern children's sports complexes in residential areas, to equip them with modern sports equipment and equipment, to collect the necessary financial and material funds to help ensure their effective use;
- development of scientifically based model projects of children's sports grounds and complexes, introduction of scientifically based modern systems, forms and methods of physical education, retraining of teachers and pedagogues in leading scientific and educational centers of the country and abroad and improving their qualifications Performs tasks such as active cooperation with the National Olympic Committee,

sports federations, clubs and organizations. Although it differs from the physical education and sports development fund in terms of its activities, the "Nuroni" fund also serves with pleasure for the development of sports. According to the foundation's principle "One luminary is responsible for ten young people", young people are attached to active luminaries in each neighborhood. On the basis of the "Nuroni is responsible for every family" project, the members of the "Counseling for the Elderly" group work separately with each of the problem families. Every year, the "Nuroni" Foundation awards sports veterans who have worked effectively in a number of fields of the country, including sports, with "Veteran of Labor" badges of various levels. Cyber sports, i.e. computer games, are becoming widely popular in the world. In 2018, e-sports was recognized as the hundredth sport in the official sports register, and now intensive work is underway to include this sport in the Olympic Games. According to the decision of the President of the Republic of Uzbekistan No. PQ-423 of November 16, 2022 on additional measures for the further development and popularization of esports, the e-sports association of Uzbekistan, one of the youngest associations in our country, was founded in 2017. Electronic Computer Sports Federation of Uzbekistan was established. A new step in the development of e-sports - the Uzbekistan Esports Federation was accepted into the membership of the IESF and AESF The Uzbekistan Esports Federation was accepted into the membership of the International Esports Federation (IESF) and Asian Electronic Sports Federation (AESF) [12]. As a result of the positive work carried out, in 2017, an international cybersport tournament was organized for the first time in Uzbekistan. The world's strongest athletes participated in this tournament with a prize pool of 5 thousand US dollars. In order to continue its activities, it participated in the grant competition announced by the public fund for the support of non-governmental non-profit organizations of Uzbekistan with the project "Promotion of IT and cyber sports among the population" and received 70 mln. won a grant in the amount of soums. The first steps have been taken to implement this project. In our capital, the Republic competition on cyber sports was held. The competition was organized in cooperation with the General Prosecutor's Office of the Republic of Uzbekistan, the Ministry of Tourism and Spots of the Republic of Uzbekistan, the National Association of Non-Governmental Non-Profit Organizations of Uzbekistan and the Public Fund for the Support of Non-Governmental Non-Profit Organizations of Uzbekistan. About 15,000 e-sports enthusiasts took part in the qualifying round of this competition organized on the basis of world standards. At the republic stage, young people united in teams and competed against each other in 5 directions. The winning teams in each direction were determined and awarded with souvenirs from the sponsors. In the future, these winning teams will be accepted into the national team of computer games and will have the opportunity to participate in international competitions.

#### **CONCLUSION**

Today, the cybersport association cooperates with many international federations, such as Russian computer sports and the Asian E-Sport Federation. Every year, with the support of the international E-Sport Federation "IeSF", official championships on computer games are held with the participation of the national team of Uzbekistan. In the near future, it is planned to hold large-scale e-sports tournaments in Uzbekistan, involving CIS and European countries. Also, the association aimed to ensure the participation of cyber sportsmen of the country in international tournaments, expanding its points throughout the republic. It is also planned to organize the national team of Uzbekistan in cybersport [13].

In conclusion, based on the above analysis, we emphasize that the role and importance of non-governmental non-commercial public organizations in the field of sports development in Uzbekistan is extremely high, and the expansion of their scope of activity serves to raise the flag of our country high on the world stage of Uzbek athletes, and to improve the healthy lifestyle of the population.

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